



MKAC Beneficiaries listening to a talk about the significance of the blessed month of Ramadan

WISHING ALL THE BLESSINGS OF RAMADAN

We at MKAC wish all Muslims the blessings of Ramadan. Please do keep us and our kidney patients in your thoughts and prayers and we too will do the same for you and your family.

During this blessed month we appeal to you from the bottom of our hearts for your compassionate support for the 426 kidney patients that MKAC is looking after. These patients depend on the generosity of kind hearted people like you to lift their spirits as they struggle to cope with life with kidney failure. The patients need to undergo painful and costly dialysis, take expensive medications and at the same time look after their family. Despite these difficulties they bravely endure with patience (sabar) and perseverance. They are most deserving of our help.

For the last 25 years, MKAC has been dedicatedly providing help and support to kidney patients. Our

assistance programmes include financial assistance for dialysis, home and hospital visits, free medical consultations and medications, securing jobs for the unemployed, conducting cooking and sewing classes, flower arrangement classes, providing free tuition and enrichment for their children and organizing social outings for kidney patients to promote fellowship and bonding (Details are at our website www.mkac.sg).

To contribute kindly send your cheque made payable to MKAC Association and send it to MKAC, 122 Telok Kurau Rd, Singapore 423806. All donations will be gratefully received and duly acknowledged. Every dollar will go a long way in relieving the suffering of kidney patients and giving them hope for a better future.

Thank you once again. May Allah (swt) continue to bless you and your family for your kindness and thoughtfulness. Ameen.



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WORK IS FUNDAMENTAL TO HUMAN DIGNITY



Mr Adnan Bamboat

Employment provides us with the opportunity to earn a living and keep our dignity. But for persons with chronic illness such as kidney patients it is a challenge to find a good job with an understanding employer. Thankfully MKAC has connections with employers who have a heart for the disadvantaged and willing to accommodate them in their workforce.

One such employer is Mr Adnan Bamboat, the Marketing Director of Copper Chimney chain of Restaurants.

MKAC arranged an interview with Mr. Adnan and one of our beneficiaries Madam Aishah Bte Mohd Noor. The interview was successful and Mdm Aishah secured a job with Copper Chimney. We present below comments by both Mr Adnan and Mdm Aishah in relation to their respective experiences.

Mr. Adnan Bamboat

“Apart from my professional career in marketing, I wanted to contribute to the community in an effective and meaningful way. When I was introduced to the President of MKAC, Mr. Ameer Ali Abdeali, I was touched by their efforts in helping the beneficiaries. As I begin to understand the plight of the beneficiaries in securing a job, I decided to open up job positions for them. My company is able to accommodate to their dialysis schedules. So far, one of the beneficiaries, Madam Aishah has been working with us for 3 years. She is a hardworking, cheerful and jovial person. I am glad that Madam Aishah is happy with her current job at Copper Chimney and I hope that she continues to work with us. I would also like to thank MKAC for introducing me to the beneficiaries as I was given a chance to improve their lives”.

Madam Nor Aishah Binte Mohd Noor

“When I was diagnosed with kidney failure 14 years ago, I felt sad. However, I was determined to fight the disease. I suffered further disappointment when after I had a transplant my body rejected the donated kidney which had to be removed on the same day. I had to resume dialysis. The high cost of expenses such as treatment, medications and job insecurity worried me. When my friend referred me to MKAC, I was relieved as they helped me to get employment. I have now been working here for more than 3 years and happy satisfied with my job. My employer and colleagues are very supportive and understanding. I would like to express my gratitude to MKAC for helping me to become self-reliant.

REPORT ON GOODWILL MISSION TO KAMPONG SPEU, CAMBODIA

MKAC sponsored Sakina Jinia, Patients Relations Manager and Ida Ahmad (staff) to be a part of a Goodwill Mission to Cambodia. Duration of the trip was 5 days from 3rd to 7th December 2014. The MKAC representatives were put in a group of 15 people comprising directors and volunteers of Hope Villages Fund. Their report is presented below.

Upon arrival in Cambodia after resting we made our way to Kampong Speu. After settling ourselves there, we helped to set up their clinic, under a man-made hut. Dr Saleha worked tirelessly checking the patients one by one and prescribed the medications. Together with other volunteers we helped to hand out the medications to the patients. In total there were 130 patients.

Later we distributed used clothes and shoes to the needy families there. They were all happy to receive the items. We also talked to the mothers with young babies on importance of cleanliness and maternal care. In the late afternoon we visited some other families in their homes. We found that many of the families were happy with recent improvements in their lives with better housing, education, and medical assistance and the availability of filtered drinking water provided by Hope Villages Fund.

The next day at 7am, we departed for Chibamon Muslim Village. We arrived at Kampong Speu at around 9am, getting busy again. Here we broke up into two groups. One group helped Dr Saleha and the other group to welcome students and teachers from Phum Trea. We showed the young students the importance of hygiene like washing hands and brushing their teeth every day. Each of the students who participated was given a toothbrush and soap. They also received free uniforms from Hope Village. There was so much joy and smiles on their faces.

It was a learning experience for both of us. Here in Singapore we take so many things for granted, whereas in Kampong Speu they live without the basic necessities like electricity and piped water. Even medical facilities were hard to come by. With Hope Village and their team, the lives of the people in villages have significantly improved.

We would like to thank MKAC for giving us this opportunity to observe life in a Cambodian village and to do our bit to help. Upon our return we shared our observations and learning with MKAC volunteers and beneficiaries. All in all it was an enriching experience for us.

Sakina Jinia and Ida Ahmad



Waiting for medical assistance



Counseling on mother care



Coaching on proper hygiene



Family support during dialysis



MKAC Befriender visiting kidney patient in her home



Free medical examination and medicine distribution at MKAC



Passion for Education Programme for children of kidney patients



Beneficiaries learning a new skill, floral arrangement



Learning new recipes from Baking Instructor, Mdm Fauziah Ali

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